



AFTMD 2025

Afternoon Workshops

MONDAY

PERIOD 3 1.15 - 2.30pm

RELAXED-PACE JAM - Anastasia DesRoches & Dan Faiella (Room 17)

FAST-PACED JAM - Adam Henley, Cara Wildman & Nicholas Williams (Room 11)

COMMUNITY SINGING SESSION - Armand Aromin (Room 9)

Dance & Play Laboratory: Québécois - Marie Soleil Pilette & Pascal Gemme (Rooms 23, 25)
Learn “La Grondeuse” tune or steps, then put music and dance together live!

Sean-nós for All - Kieran Jordan & Kara Howgate-Mello (Room 8)
Basic rhythms in old-style Irish dance.

Adaptive Accompaniment - Jake Charron (Room 20)
How to make your backing work with different styles of fiddle music.

Tune Harmonization - Noah Fishman (Room 19)
Creating meaningful instrumental harmony parts for tunes.

How to Play the Spoons for All - Ben Gagliardi (Room 14)
Ladling out a spoonful of basic techniques and grooves.

PERIOD 4 3.00 - 4.15pm

ENSEMBLES

Acadian / Québécois Ensemble - Yann Falquet and Devon Léger (Room 11)

Celtic Ensemble - Màiri Chaimbeul and Nicole Rabata (Room 17)

Old Time Ensemble - Armand Aromin and Erynn Marshall (Room 9)

Ear Training for Harmony Singers - Isa Burke (Room 24)
Learning to hear chords and intervals.

Contra Dance Figure Transitions - Will Mentor (Room 7)
Some basics of how to link figures and create flow in social dance.

Music for Dancers - Frances Cunningham (Room 19)
Learn the lingo to demystify the tunes.

Finding the Key - Caitlin Warbelow (Room 14)
How to determine what key you're playing in and use it to learn faster and build tasty tune sets!

TUESDAY

PERIOD 3 1.15 - 2.30pm

COMMUNITY SOCIAL DANCE WITH LIVE BAND - Will Mentor calling, with Armand Aromin & Noah Fishman leading the band (Room 8)
New (and accessible!) contra dances.

Old Songs Made New - Ben Gagliardi (Room 14)
Reinterpreting and rejuvenating old folk songs.

Peppy Sean-nós - Kieran Jordan & Kara Howgate-Mello (Room 15)
Battering steps for Irish reels.

Extra Groovy Old Time Tunes - Isa Burke (Room 9)
Cool tunes with a deep dive on the power of bowing!

Techniques for Learning & Remembering Melodies - Caitlin Warbelow (Room 19)
Understanding structure through “tune scaffolding.”

Backing “On-the-Fly” - Dan Faiella (Room 20)
What to play if you don’t know the tune.

Adapting Tunes for Whistle - Adam Hendey (Room 24)
Making awesome tunes work on the Irish Tin Whistle - all instruments welcome!

Cape Breton Piano for All - Susan MacLean (Room 17)
Cape Breton piano accompaniment from the ground up.

The Passamaquoddy Snake Song & Dance - Dwayne Tomah (Room 12)
Cultural importance of a ceremony used to connect communities and facilitate collective decision-making.

PERIOD 4 3.00 - 4.15pm

ENSEMBLES

<i>Acadian / Québécois Ensemble</i>	- Yann Falquet and Devon Léger (Room 11)
<i>Celtic Ensemble</i>	- Màiri Chaimbeul and Nicole Rabata (Room 17)
<i>Old Time Ensemble</i>	- Armand Aromin and Erynn Marshall (Room 9)

Intuitive Harmony Singing for All - Nicholas Williams (Room 14)
Feeling and finding your way to singing harmonies.

Irish Set Dancing - Kieran Jordan & Kara Howgate-Mello (Room 7)
Learn “The Merchant Set,” an Irish social dance.

Flatfooting for All - Sophie Wellington (Room 23)
Celebrate the musicality of Appalachian Flatfooting.

Tap Dance Waltz Clog - Kevin Doyle (Room 15)
Explore the Vaudeville styles of a beginner waltz clog.

Scottish Threads in PEI - Anastasia DesRoches (Room 19)
Tracing the musical influence of Scottish music to Prince Edward Island tunes.

Session Tips 101 - Ben Gagliardi (Room 20)
Best practices, behaviours, and strategies for contributing positively to a session.

Embodying Rhythm - Cara Wildman (Room 22)
Time signatures and groove!

Film Showing: Dawnland (Room 1)
Deepen your understanding of modern Wabanaki history with this documentary.

PERIOD 5 4.15 - 5.15pm

Protecting the Passamaquoddy Language - Dwayne Tomah (Room 1)
Passamaquoddy Language Keepers important work to interpret 1890 wax cylinder recordings.

WEDNESDAY

PERIOD 3 1.15 - 2.30pm

RELAXED-PACE JAM - Isa Burke & Sophie Wellington (Room 17)

FAST-PACED JAM - Mari Black & Susan MacLean (Room 11)

COMMUNITY SINGING SESSION - Ben Gagliardi (Room 9)

Dance & Play Laboratory: Irish - Kieran Jordan/Kara Howgate-Mello & Caitlin Warbelow (Rooms 23, 25)
Learn “Maggie Pickens” tune or steps, then put music and dance together live!

Tap Dance for All - Kevin Doyle (Room 8)

Let your body do the talking with basic tap moves.

Seated Foot Percussion for All - Pascal Gemme (Room 15)

Foot Tapping, from the basics to all the bells and whistles!

Singing & Fiddling Simultaneously - Armand Aromin (Room 14)

An intro to creating a duet for one!

Dissecting Recorded Arrangements - Dan Faiella (Room 19)

How to map out, pick apart, and learn a full band arrangement using on the recording.

Write Your First Tune - Adam Hendey (Room 20)

An introduction to composing new traditional tunes.

PERIOD 4 3.00 - 4.15pm

ENSEMBLES

Acadian / Québécois Ensemble - Yann Falquet and Devon Léger (Room 11)

Celtic Ensemble - Màiri Chaimbeul and Nicole Rabata (Room 17)

Old Time Ensemble - Armand Aromin and Erynn Marshall (Room 9)

Singing Tunes for All - Ben Gagliardi (Room 15)

Let’s use our voices to lilt, harmonize, groove, and even accompany tunes!

From Drum to Dance - Cara Wildman (Room 7)

Translating rhythms from the Bodhran to the Feet!

Write a Contra Dance - Will Mentor (Room 24)

Explore Contra Dance choreography and create a brand new dance!

Building Expressive Medleys - Anastasia DesRoches (Room 19)

How to craft tune sets that tell a story.

Balfolk Tunes - Nicholas Williams (Room 20)

French dance tunes for all instruments.

Anatomy of a Tune - Noah Fishman (Room 22)

Analyzing melodies for memorization, observation, and just plain fun!

Trad Trivia - Frances Cunningham (Room 14)

Team trivia for all - with prizes and lots of fun!

Visit to Abbe Museum (continues into Period 5) (meet in parking lot behind Collins)

Learn about and explore the history and culture of “The People of the Dawn”.

PERIOD 5 4.15 - 5.15pm

Visit to Abbe Museum (continued from Period 4)

Learn about and explore the history and culture of “The People of the Dawn”.

THURSDAY

PERIOD 3 1.15 - 2.30pm

COMMUNITY SOCIAL DANCE WITH LIVE BAND - Will Mentor calling with Jake Charron & Pascal Gemme leading the band (Room 8)
Contemporary Contra Dances.

Roundtown, Sing & Play - Armand Aromin & Ben Gagliardi (Room 9)
Come sing some rounds and jam on them too!

Groovy Sean-nós - Kieran Jordan & Kara Howgate-Mello (Room 12)
Jig steps and improvisation.

Strathspey Central - Mari Black (Room 19)
Stylizing the mighty strathspey in Scottish vs. Cape Breton Music (hint: the answer is in the dance!)

Beautiful Trad Waltzes - Frances Cunningham (Room 15)
Exploring waltzes from different traditions.

Intriguing Whistle Ornaments - Adam Hendey (Room 24)
Ornaments for Irish Tin Whistle that draw inspiration from global folk musics - all instruments welcome!

Rhythmic Backing Beyond the Basics - Cara Wildman (Room 17)
Adding rhythmic interest and variety in your tune accompaniment.

Voice of the Violin - Jacob Brillhart (Room 14)
Exploring the unique tonal qualities of a dynamic lineup of violins.

PERIOD 4 3.00 - 4.15pm

ENSEMBLES

<i>Acadian / Québécois Ensemble</i>	- Yann Falquet and Devon Léger (Room 11)
<i>Celtic Ensemble</i>	- Màiri Chaimbeul and Nicole Rabata (Room 17)
<i>Old Time Ensemble</i>	- Armand Aromin and Erynn Marshall (Room 9)

Mindful Movement - Kieran Jordan & Kara Howgate-Mello (Room 14)
Movement, sound, and self-care.

Irish Step Dance for All - Kevin Doyle (Room 7)
Basic footwork for Irish jigs and reels.

Spice Up Your Steps - Marie-Soleil Pilette (Room 15)
Add body percussion and off-balance movement.

Tiny Tunes - Ben Gagliardi (Room 19)
Short, catchy, and accessible tunes for all instruments.

Timeless Cape Breton Tunes - Susan MacLean (Room 20)
Classics and favourites from my mentors in Cape Breton music.

Writing Tunes - Noah Fishman (Room 23)
Following your ear and embracing the journey.

Accompanying Songs on Melody Instruments - Isa Burke (Room 22)
What do I play if I'm not playing the melody?

Alternate Tuning for Guitar - Dan Faiella (Room 18)
How to learn a new fretboard language (DADGAD and more!)

Film Showing: Dawnland (Room 1)
Deepen your understanding of modern Wabanaki history with this documentary.

PERIOD 5 4.15 - 5.15pm

Dawnland Debrief (Room 1)
A facilitated discussion to help process *Dawnland*.

FRIDAY

PERIOD 3 1.15 - 2.30pm

RELAXED-PACE JAM - Ben Gagliardi & Caitlin Warbelow (Room 17)

FAST-PACED JAM - Frances Cunningham & Pascal Gemme (Room 11)

COMMUNITY SINGING SESSION - Nicholas Williams (Room 9)

Body Percussion for All - Armand Aromin (Room 15)

YOU are the instrument!

Québécois Social Dance - Marie-Soleil Pilette (Room 8)

Funny square dances to make you smile.

Mentoring & Teaching Trad Music - Susan MacLean (Room 19)

Passing on the torch to newer players and each other.

Intro to Home Recording - Jake Charron (Room 14)

Equipment and basic techniques needed to record professional-quality music at home.

PERIOD 4 3.00 - 4.15pm

ENSEMBLES

Acadian / Québécois Ensemble - Yann Falquet and Devon Léger (Room 11)

Celtic Ensemble - Màiri Chaimbeul and Nicole Rabata (Room 17)

Old Time Ensemble - Armand Aromin and Erynn Marshall (Room 9)

New England Ballad Collectors - Ben Gagliardi (Room 15)

Learn a selection of songs by my favourite collectors.

Square Dance for All - Sophie Wellington (Room 7)

Easy social dances to Old Time tunes.

Music for Healing - Anastasia DesRoches (Room 24)

Sharing stories and memories through tunes.

Sculpting the Sound - Jacob Brillhart (Room 14)

How a luthier's decisions shape the voice of the violin.

AFTERNOON SCHEDULE - WEEK OVERVIEW

	Monday	Tuesday	Wednesday	Thursday	Friday
PERIOD 3 1.15 - 2.30pm					
Jam	Relaxed-pace: DesRoches & Faisella (Room 17) Fast-paced: Hendey, Wildman & Williams (Room 11)		Relaxed-pace: Burke & Wellington (Room 17) Fast-paced: Black & MacLean (Room 11)		Relaxed-pace: Gagliardi & Warbelow (Room 17) Fast-paced: Cunningham & Gemme (Room 11)
Community Singing	Leader: Aromin (Room 9)		Leader: Gagliardi (Room 9)		Leader: Williams (Room 9)
Community Social Dance		Caller: Mentor Open Band Leaders: Aromin & Fishman (Room 8)		Caller: Mentor Open Band Leaders: Charron & Gemme (Room 8)	
Workshops	Dance & Play Lab: Québécois - Pilette / Gemme (Rooms 23, 25)	Old Songs Made New - Gagliardi (Room 14)	Dance & Play Lab: Irish - Jordan & Howgate-Mello / Warbelow (Rooms 23, 25)	Roundtown, Sing & Play - Aromin & Gagliardi (Room 9)	Body Percussion for All - Aromin (Room 15)
	Sean-nós for All - Jordan & Howgate-Mello (Room 8)	Peppy Sean-nós - Jordan & Howgate-Mello (Room 15)	Tap Dance for All - Doyle (Room 8)	Groovy Sean-nós - Jordan & Howgate-Mello (Room 12)	Québécois Social Dance - Pilette (Room 8)
	Adaptive Accompaniment - Charron (Room 20)	Extra Groovy Old Time Tunes - Burke (Room 9)	Seated Foot Percussion for All - Gemme (Room 15)	Strathspey Central - Black (Room 19)	Mentoring and Teaching Trad Music - MacLean (Room 19)
	Tune Harmonization - Fishman (Room 19)	Learning & Remembering Melodies - Warbelow (Room 19)	Singing & Fiddling Simultaneously - Aromin (Room 14)	Beautiful Trad Waltzes - Cunningham (Room 15)	Intro to Home Recording - Charron (Room 14)
	How to Play the Spoons for All - Gagliardi (Room 14)	Backing "On-The-Fly" - Faisella (Room 20)	Dissecting Recorded Arrangements - Faisella (Room 19)	Intriguing Whistle Ornaments - Hendey (Room 24)	
		Adapting Tunes for Whistle - Hendey (Room 24)	Write Your First Tune - Hendey (Room 20)	Rhythmic Backing Beyond the Basics - Wildman (Room 17)	
		Cape Breton Piano for All - MacLean (Room 17)		Voice of the Violin - Brillhart (Room 14)	
		The Passamaquoddy Snake Song & Dance - Tomah (Room 12)			
SNACK & STORE 2.30 - 3.00pm	Grab a snack & visit the Trad Trader (in Deering)	Grab a snack & visit the Trad Trader (in Deering)	Grab a snack & visit the Trad Trader (in Deering)	Grab a snack & visit the Trad Trader (in Deering)	Grab a snack & visit the Trad Trader (in Deering)
PERIOD 4 3.00 - 4.15pm					
Ensembles	Acadian / Québécois - Falquet & Léger (Room 11) Celtic - Chaimbeul & Rabata (Room 17) Old Time - Aromin & Marshall (Room 9)	Acadian / Québécois - Falquet & Léger (Room 11) Celtic - Chaimbeul & Rabata (Room 17) Old Time - Aromin & Marshall (Room 9)	Acadian / Québécois - Falquet & Léger (Room 11) Celtic - Chaimbeul & Rabata (Room 17) Old Time - Aromin & Marshall (Room 9)	Acadian / Québécois - Falquet & Léger (Room 11) Celtic - Chaimbeul & Rabata (Room 17) Old Time - Aromin & Marshall (Room 9)	Acadian / Québécois - Falquet & Léger (Room 11) Celtic - Chaimbeul & Rabata (Room 17) Old Time - Aromin & Marshall (Room 9)
Workshops	Ear Training for Harmony Singers - Burke (Room 24)	Intuitive Harmony Singing for All - Williams (Room 14)	Singing Tunes for All - Gagliardi (Room 15)	Mindful Movement - Jordan / Howgate-Mello (Room 14)	New England Ballad Collectors - Gagliardi (Room 15)
	Contra Dance Figure Transitions - Mentor (Room 7)	Irish Set Dancing - Jordan & Howgate-Mello (Room 7)	From Drum to Dance - Wildman (Room 7)	Irish Step Dance for All - Doyle (Room 7)	Square Dance for All - Wellington (Room 7)
	Music for Dancers - Cunningham (Room 19)	Flatfooting for All - Wellington (Room 23)	Write a Contra Dance - Mentor (Room 24)	Spice Up Your Steps - Pilette (Room 15)	Music for Healing - DesRoches (Room 24)
	Finding the Key - Warbelow (Room 14)	Tap Dance Waltz Clog - Doyle (Room 15)	Building Expressive Medleys - DesRoches (Room 19)	Tiny Tunes - Gagliardi (Room 19)	Sculpting the Sound - Brillhart (Room 14)
		Scottish Threads in PEI - DesRoches (Room 19)	Balfolk Tunes - Williams (Room 20)	Timeless Cape Breton Tunes - MacLean (Room 20)	
		Session Tips 101 - Gagliardi (Room 20)	Anatomy of a Tune - Fishman (Room 22)	Writing Tunes - Fishman (Room 23)	
		Embodying Rhythm - Wildman (Room 22)	Trad Trivia - Cunningham (Room 14)	Accompanying Songs on Melody Instruments - Burke (Room 22)	
				Alternate Tuning for Guitar - Faisella (Room 18)	
Special Events		Film Showing: <i>Dawnland</i> (Room 1)	Visit to Abbe Museum (cont. in Period 5)	Film Showing: <i>Dawnland</i> (Room 1)	
PERIOD 5 4.15 - 5.45pm					
	Practice / Free / "Explore Maine" Time	Practice / Free / "Explore Maine" Time	Practice / Free / "Explore Maine" Time	Practice / Free / "Explore Maine" Time	Practice / Free / "Explore Maine" Time
Special Events		Protecting the Passamaquoddy Language - Tomah (Room 1)	Visit to Abbe Museum (cont. from Period 4)	<i>Dawnland</i> Facilitated Discussion (Room 1)	